

# AUGUST 2024

## JRC LEARNING CENTER

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

**ALTERNATIVE  
MEATS:  
Chicken or Turkey  
for Beef**

**\* 5**  
Grilled Cheese  
WGR Bread  
Hash Browns  
Fruit Cocktail / Milk

**6**  
Beef Stroganoff  
Egg Noodles  
WGR Bread  
California Vegetables  
Sliced Apples / Milk

**JRC NEWLETTER RECIPE 7**  
Baked WG Spaghetti  
Ground Turkey  
Garlic Toast / Side Salad  
Green Beans / Pears / Milk

**1**  
Grilled Mozzarella  
Pizza Sandwich  
WGR Bread  
Roasted Broccoli  
Pears / Milk

**TAILGATE PARTY DAY 2**  
Cheeseburger Sliders  
W/ Lett., Tomato  
WGR Slider Bun  
Vegetarian Baked Beans  
Watermelon / Milk

**JRC FAVORITE 12**  
Ground Turkey Tater Tot  
Casserole  
Cheesy Cauliflower Rice  
Oranges / Milk

**13**  
Crack Chicken Sliders  
WGR Slider Bun  
Cheese Stuffed Mini Peppers  
Grape Salad  
Milk

**APPLE DAY 14**  
Baked Turkey Ham  
WGR Roll  
Roasted Sweet Potatoes  
Cinnamon Apples / Milk

**8**  
Italian Turkey Sliders  
WGR Slider Bun  
HM WG Macaroni & Cheese  
Glazed Carrots  
Peaches / Milk

**ALYSSA'S FAVORITE 9**  
BBQ Ranch Chicken Breast  
WGR Roll  
Roasted Broccoli  
Pineapple / Milk

**19**  
Ground Turkey  
Meatloaf  
Sautéed Peppers & Potatoes  
Oranges  
Milk

**20**  
Tuscan Grilled Cheese  
W/ Tomato & Spinach  
WGR Bread  
Cucumber Salad  
Applesauce / Milk

**CELEBRATE HAWAII DAY 21**  
Baked Hawaiian Chicken  
Over WGR Brown Rice  
Stir Fry Vegetables / Roll  
Pineapple / Milk

**22**  
Tuna Noodle Casserole  
Egg Noodles  
WGR Bread  
Seasoned Steamed Broccoli  
Pears / Milk

**23**  
Beef Cheeseburger  
Lett., Tom on a WGR Bun  
Baked Seasoned Fries  
Cantaloupe  
Milk

**26**  
Mini Burritos  
W/ Sliced Turkey Ham  
& Cheese  
WGR Tortilla  
Southwest Corn / Applesauce  
Milk

**COUNTRY FAIR DAY 27**  
Philly Beef Cheesesteak  
W/peppers & onions  
On a Sub Bun  
Broccoli Bites / Apple Crisp  
Milk

**28**  
Baked Chicken Tenders  
Buttered Egg Noodles  
WGR Roll  
Green Beans  
Pears / Milk

**29**  
Salisbury Beef Patty  
Mashed Potatoes W/ Gravy  
WGR Bread  
California Vegetables  
Peaches / Milk

**HARRISON'S FAVORITE 30**  
Cauliflower Crust Pizza  
BBQ Chicken  
Side Salad / Crackers  
Pineapple / Milk

**Milk – 8oz.**

**Meat/Meat Alternate – 1oz.**

**Fruits/Vegetables – 1/4 cup**

**Soup – 4 oz. Yogurt -4 oz**

**Alternative Lunch Menu  
Includes:**

WG Cheese Sandwich or  
WG Cold Cut Sandwich,  
W/ Carrot Sticks or Fruit

HM = Homemade  
WGR = Whole Grain Rich  
\*Differs from ADC

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