

SNACK

SEPTEMBER 2024 JRC ADULT DAY CARE CENTER



Monday

Tuesday

Wednesday

Thursday

Friday

2

**HAPPY LABOR DAY
CENTER CLOSED**

3

Graham Crackers
Pears
Water

4

Cooking Creations

**Cabbage Roll Skillet
W/ Ground Beef
Water**

5

Cheese-Its
Mangos
Water

6

WG Pita Pizza
Sandwich
Water

9

Cooking Creations

**Chicken Enchilada
Pasta Salad
WGR Rotini Noodles
Water**

10

WGR Pretzels
Yogurt Cup
Water

11

WG Wheat Thins
Cheese Stick
Water

12

WG Pita
Cinnamon Banana
Sandwich
Water

13

WG Trail Mix
WG Cheerios
Rice Chex / Dried Cranberries
Water

16

WG Cheese-Its
Peaches
Water

17

WGR Tortilla Wrap
W/ Turkey Ham & Cheese
Grape Halves
Water

18

WGR Ritz Crackers
Banana
Water

19

Cooking Creations

**Creamy Chicken
Apple Salad
Diced Chicken & Apples
Water**

20

Animal Crackers
Mixed Fruit
Water

23

Cheese Pizza
WGR Crust
Whole Oranges
Water

24

WG Goldfish
Grape Halves
Water

25

Hulk Smoothie
Banana, Kiwi, Spinach
Saltines
Water

26

WG Carrot Muffins
Yogurt Cup
Water

27

Cooking Creations

**Zuppa Toscana Soup
Potatoes & Zucchini
W/ Cheese
Water**

30

Baked Sweet Potatoes
Apples
Water

Milk – 8oz.
Meat/Meat Alternate – 2 oz.
Fruits/Vegetables – ½ cup
Soup – 8 oz. Yogurt -8 oz.



HM = Homemade
WGR = Whole Grain Rich
WG= Whole Grain

This Institution is an equal
Opportunity Employer